



SARDINIA CLASSIC

TOUR DOSSIER



DolceVita Bike Tours

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LOCAL CONTACT

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Introduction

All islands have a peculiar fascination, and Sardinia is no exception. Lying a little less than 200km from the Italian mainland and at same distance from the Tunisian coast, it is in the words of D.H. Lawrence, "lost between Europe and Africa and belonging to nowhere". With its own language and distinct customs, the island boasts a fiercely independent character while remaining unmistakably and exuberantly Italian. There is nothing particularly homogeneous about the island, however. As the Mediterranean's second biggest island after Sicily with only 1.6 million people and one of the lowest population density among Italian regions, Sardinia encompasses a range of diverse faces, from the stereotyped yachting elite of the fabled Costa Smeralda to the simple shepherd's society of the mountainous interior. Neither image of course represents more than a tiny fraction of the true picture. There are glorious beaches and rocky groves on every coast, and also dramatic cliffs and numerous lagoons which accounts for a rich diversity of wildlife, as do the forested mountains and the wild *macchia* that carpets the interior.

Sardinia's southwest forms a rugged wedge of land that juts south of the main body of the island into the Mediterranean, its craggy coastline mitigated by some fine beaches. Forests cling to the slopes of its predominantly hilly landscape, which is densely strewn with towns, temples and fortifications founded by Phoenicians, settled by Carthaginians and occupied by Romans. Some of the best preserved ruins are at **Nora**, a Roman harbour town, dramatically situated on a promontory overlooking the Golfo di Cagliari. The Carthaginian remains at **Sant'Antioco** occupy an equally evocative location on an island joined to Sardinia's coast by a road causeway; the isle and its neighbour **San Pietro**, are among the tour's highlights.

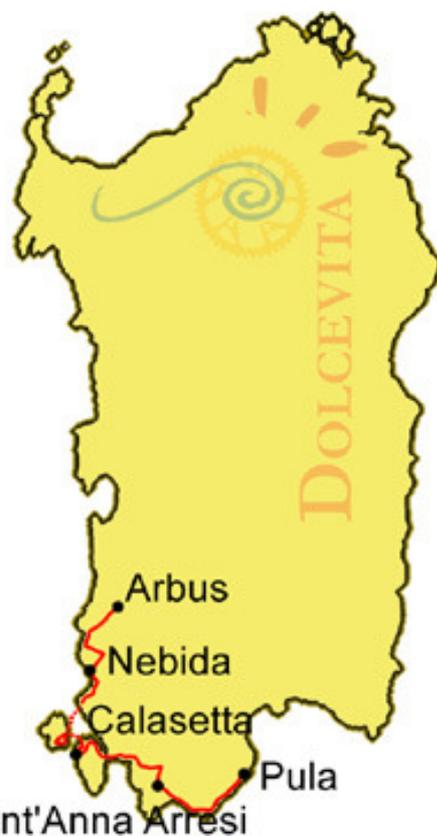
Historically, the region's importance was due mainly to the mining of ores and minerals. Nowadays, mining is over, and the evidence of mineworks, often in a poignant state of abandon, can be seen around **Arbus** and **Nebida**, where the **Pan di Zucchero** outcrop sprouts dramatically out of the sea. The **costa del sud** offers a highly scenic sequence of inlets punctuated by Spanish watchtowers and **Chia** has an almost unbroken succession of beaches, probably the best in Southern Sardinia.

Your tour starts in the Sinis peninsula, a wet area whose lagoons have attracted some of Sardinia's most abundant bird life and are also the place to see the flat-bottomed *fassonis*, boats still used by the lagoon's fishermen and hunters, or just for local races. The peninsula's western coast provides some of the most alluring beaches: Mari Ermi and Is Arutas.

Itinerary

This brief itinerary is the usual schedule your holiday will follow, but should be taken as an expression of intent rather than definitive fact. We do occasionally need to change hotels used, in particular for late bookings, when our chosen hotels may be full. This is an independent cycling tour, and you are provided with extensive fact sheets, maps and itineraries, though you are of course free to deviate from the chosen route to lengthen (or sometimes shorten) each day cycling.

The route (moderate to difficult) covers the savage and remote south west corner of Sardinia, far removed from the busy playboy resorts of the north east. The terrain is rugged in parts, with high cliffs ascending from the coast, interspersed with long sandy beaches, grass-covered dunes - and breathtaking views. Two days are quite hard and hilly cycling. The prevailing wind blows from the north west - our direction also, though it is unlikely it will always be



in your back.

Accommodation is in a selection of 2/3 hotels, half board. Bicycle hire includes 27 speed men's or lady's 'hybrid' lightweight aluminium framed bikes, equipped with panniers, water bottle, anti-theft device and repair kit. Helmets are available for hire locally. The bike is adjusted for you by our local specialist at the start. Entrance fees and other visits are not included, nor is the ferry to Carloforte and Sant' Antioco. Luggage is transferred for you from hotel to hotel.*

Day 1 Arrival in Sardinia. Meeting with local representative at the hotel: explanation of the route and bike delivery.

Day 2 Piscinas Sand Dunes loop. Bike through the natural beauty spots of the Costa Verde, some of the most savage scenery on the island, to the Piscinas beach with its sands dunes over 50 m high - the highest in Europe (distance 38km approx). In Arbus, visit the knife's museum, holder of the world's heaviest knife.

Day 3 Arbus – Nebida/Gonnesa. A tough day, but some glorious scenery to compensate! You start by flying down hill from the Arbus plateau to the river Mannu, and the start of the miles of golden beaches of Portixeddu. To the left is the massif of Monte Linas, with the Costa Verde and erica covered sand dunes away on your right. After the unfortunately named mining town of Buggerru and the Pranu Sartu plateau is the charming Cala Domestica bay. Inland, the Marganai mountain group rises to almost 3,500 feet. After the 400 foot limestone cliffs of Pan di Zuccheru, you arrive to Nebida, another old mining hamlet. *41km; 3½ hours cycling.*

Day 4 Nebida/Gonnesa - Calasetta. A beautiful descent to Fontanamare followed by an undulating coastal ride to Portoscuso. Here, board the local ferry to Carloforte on Isola di San Pietro. There is time for a short itinerary around the island, exploring sandy coves and dramatic rocky headlands, tiny hamlets before rejoining the ferry to continue to equally unspoilt Sant' Antioco. Note that it is not possible to book the ferry in advance, and you will need to pay on arrival. *43km; 3 hours cycling.*

Day 5 Island of Sant'Antioco Rest day. Enjoy the swimming pool of the hotel or get on your saddle again for a loop of Sant'Antioco. Alternatively cycle back to Carloforte and stroll along its narrow streets or explore the island to Capo Sandalo or take a loop tour in Sant'Antioco taking time to visit its Southern Beaches and the village of Sant'Antioco.

Day 6 Calasetta - S Anna Arresi. A morning to laze by the pool or explore the coast nearby, or for a short cycle ride around the island with its wealth of coves and beaches, green meadows (or golden in the summer) and little villages. After a visit to Sant'Antioco, cross back to the mainland, to visit the Pisan sanctuary at Tratalias - one of the most important monuments from the Romanesque period. From here you follow the shoreline of lake Monte Pranu and through the rolling plains of Sulcis. Once again, rugged mountains rise up to your left, to around 4,000 ft. Just before the village of Sant' Anna Arresi you reach your hotel, well sited overlooking the emerald green waters of the Golfo di Palmas. Nearby are the bright white beaches of Porto Pino, backed by dunes and Aleppo pine woods. Overnight. *43km; 3 hours cycling.*

Day 7 S Anna Arresi. Rest day. Walk down to Porto Pino to watch the flamingos and many other birds. Alternatively, cycle to Santadi to taste some of the best wines in Sardinia at the celebrated local winery.

Day 8 S Anna Arresi - Pula. The longest day by distance, but gentle countryside across the rugged coastal plains of the Costa del Sud. This is a remote, wild and beautiful region of Mediterranean bush and coastal pools, gleaming white beaches and imposing cliffs. Cape Malfatano and Cala Piscinnì each boast a 16th C tower, while at Capo Teulada the spectacular cliffs rise more than 700 feet from a translucent sea. A short detour will take you to the beautiful beach of Su Giudeu in Chia, while at Pula is the important Phoenician city of Nora. Your last night is at newly built Villa Madau, an elegant property located in the centre of Pula. *60km; 4-5 hours cycling.*

Day 9 Pula Rest day. Visit the ancient Phoenician and then Roman settlement of Nora. After some shopping in Pula, celebrate the end of your tour sipping a glass of mirto, the local spirit, in the piazzetta.

Day 10 Tour ends after breakfast, with a transfer available back to Cagliari airport.

Accommodation

Arbus (nights 1 and 2)

Agriturismo Rocce Bianche

Address: loc. Bidderdi

09031 Arbus (VS),

Tel&Fax: 070 9756127

Web: www.bidderdi.it

E Mail: roccebianche@tiscali.it

Hotelier: Stefano Cavalli

Stefano and his family are ready to welcome you in this very nice farm house located on a plateau just above the sand dunes of Piscinas.

Agriturismo Sa Perda Marcada

Address: Loc.Sa perda Marcada

09031 Arbus (VS),

Tel&Fax: 070 975 8714

E Mail: elenacorona@hotmail.it

Web: www.saperdamarcada.it

Hotelier: Gianfranco Corona

Gianfranco and his family are ready to welcome you in this very nice farm house located on a plateau just above the sand dunes of Piscinas. You will remember the delicious cuisine of mamma Corona for a long time.

Nebida/Gonnesa (night 3)

Locanda L'Agusteri

Via S'Argiola 37

09016 Nebida - Iglesias

Tel: 0781/252136 cell 348/5509580

E mail: gabriella.pani@alice.it

Web: n/a

The L'Agusteri is a recently built hotel that boasts beautiful sea views. It is located a few steps from a cosy beach on the beautiful coast dominated by the colossal outcrop known as Pan di Zucchero, a 130mt high imposing rock just few hundred meters off the coast that owes its name, "Sugarloaf", to its unique shape. The hotel staff is very friendly. The hotel has a swimming pool and excellently furnished rooms.

Locanda S'Anninnia

Via Iglesias 107

Gonnesa

Tel.+39 0781 45132

E-mail: info@sanninnia.it

Web: www.sanninnia.it

The Locanda S'anninnia is located in the village of Gonnesa, just 3 km from the sea, surrounded by countless testimonies of mining life and many archaeological remains that also characterise the whole area of sulcis iglesiente.

The rooms are fully furnished by local artisans. Each guestroom is equipped with bathroom, shower, hairdryer, terrace, air conditioning and colour tv. A mini-fridge is available on request.

Calasetta (nights 4 and 5)

Hotel Luci del Faro

Loc. Mangiabarche

09011 Calasetta

Tel: 0781 810 089 Fax 0781 810 091

E Mail: info@hotelucidelfaro.com

Web: www.hotelucidelfaro.com

Hotelier: Franco e Paola Cancedda

Luci del faro is a charming seaside property located on the northern tip of the isle of Sant'Antioco. One of our favourites, the hotel has an award-winning restaurant and very lovely rooms. Its U-shape layout

resembles that of a Spanish hacienda with arcades surrounding the central courtyard that has a garden and a swimming pool. The hotel is located in a peaceful countryside area, 4km out of Calasetta.

MuMA Hostel
Lungomare Colombo,25
San'Antioco (CI)
Tel: +39 0781-840070
E Mail: info@mumahostel.it
Web: www.mumahostel.it

Located along the seafront, this property is one of the top spots in Sant'Antioco. It features 32 comfortable rooms (half of them are family size) with en-suite bathroom. It also hosts a small but interesting sea Museum. A short walk from the MUMA will take you to a fishing cooperative restaurant serving fish caught just a few hours before. Their fishing boats are harboured literally across the road.

Hotel Le Sabbie
Loc. SottoTorre
09011 Calasetta
Tel: 0781 899043 Mob: 328/6268793
E Mail: info@lesabbie.com
Web: www.lesabbie.com

Recently built, this property is located in walking distance from Calasetta centre and beaches. The Hotel has 30 quiet and comfortable rooms.

Sant'Anna Arresi (nights 6 and 7)

Guesthouse Il Girasole
Via Italia 122,
Sant'Anna Arresi
Tel. +39 320 301 0422
E-mail: ilgirasolebedandbreakfast@yahoo.com
Web: bedendbreakfastilgirasole.jimdo.com/

Martina and her mother will make you feel really welcomed in Il Girasole. The guesthouse hosts six clean and nicely decorated rooms. After you try Il Girasole's breakfast you will be ready to fly with your bike!

Hotel Cala dei Pini
Loc. Portopino
09010 Sant'Anna Arresi
Tel: 0781 967014
E Mail: info@caladeipini.eu
Web: www.caladeipini.eu

With an outdoor pool and sun loungers, Hotel Cala dei Pini is set in a palm-lined garden. Located 1 km from Porto Pino beach, the property offers traditionally furnished accommodation with a balcony. A nice Italian-style breakfast is served daily. The property offers free WiFi in public areas and free parking.

Pula (nights 8 and 9)

Hotel Villa Madau
Address: Via Nora, 84 09010 Pula
Tel and fax: 070 924 9033
E mail: villamadau@yahoo.it
Web: www.villamadau.it
Hotelier: Signor Peter

Your base in Pula is the newly built Villa Madau, an elegant property located in the centre of Pula. It has 10 finely furnished rooms and a nice lounge. A wide choice of restaurants is available in walking distance.

Marin Hotel
Viale Segni 58, 09010 Pula (CA)
Tel. 0709208059
Fax. 0709208286
E-Mail: info@marinhotel.it
Web site: www.marinhotel.it

This family run hotel is located just few minutes walking from the main square of the town of Pula. The property has 13 rooms all equipped with air conditioning, private bathroom, minibar, satellite LCD TV, telephone and safe.

ABOUT YOUR TOUR

Welcome Pack

At your arrival at the first hotel of your tour you will receive a welcome pack containing:

- Detailed route notes, leg profiles and information, maps.
- Hotel List: due to overbooking or organizational needs your hotel list may vary just before your arrival.
- Restaurant directions: if you include the half board supplement in your booking, some dinners will be booked in restaurants within walking distance from your hotel. You will find walking directions and contacts in the welcome pack.
- Luggage labels: two luggage labels for every passenger, to be put on every piece of baggage transported.
- Feedback form. Feedback form contains questions about the quality of your trip. We kindly ask you to fill it in at the end of your trip and to leave it in the last hotel. We appreciate you giving us any further comment and suggestion about this trip.

Welcome Briefing and bike fitting

On your arrival day we will deliver bikes and trip documentation to your first accommodation. Our show up time can vary very much according to the day logistics and cannot be arranged beforehand.

On your arrival, when checking in the first accommodation you will be notified the time of the meeting with our representative. Our representative will give a tour presentation and fit you with the bikes.

In case of a late arrival, we may not be able to meet you. In that case, you will find equipment and documentation ready for you.

Should you have questions or for any further information you will be able to contact our organization through the reception, using the telephone numbers that you will find in your welcome pack. We will then review the tour details and answer your questions in a telephone conversation.

During the tour

During day 4 cycling from Nebida/Gonnesa to Calasetta, you're catching two different ferries. The first one sailing from Portoscuso to Carloforte, the second one from Carloforte to Calasetta. Remember to buy tickets before you board the ferries, approximately 14€ per person with the bike, total. The ferry timetable is indicated in the route notes.

Luggage transportation.

Please remember to attach a luggage label to every piece of luggage you wish to be transported (maximum two pieces per passenger).

On a move on day, your luggage has to be taken ready for transportation in the hotel reception at **h09:00**. While this is not your check out time, we kindly ask you to meet this deadline to allow a smooth logistics.

Your luggage will be delivered in the next hotel by h16. Should you need any clothing item before this time (swimsuit or a change of clothes), we suggest you carry it with you.

Dolcevita will not be responsible for any damage that may occur to fragile objects carried in your luggage, including electronic devices and glass bottles. Moreover, Dolcevita will not be liable for damage occurred to luggage exceeding a weight of 20kg.

Climate

Sardinia enjoys a mild Mediterranean weather that allows comfortable cycling all year round except for the hot months of July and August. There are two prevailing winds: Mistral, blowing from the north west, giving a pleasant cooling breeze, and Scirocco, a hot wind from Africa. If it is hot in high summer, the long day length gives little time for the nights to have a marked cooling effect, and cool spells are unlikely from June - September. Rainfall is low year round, and very unlikely in summer, with an average of 2 days with rain in June, and 4 in September, though autumn storms can be torrential. The following table gives average temperatures and days of rainfalls per month.

Month	Day (°C)	Night (°C)	Sunshine hr/day	Rainfall days	Water temp (°C)
January	14	6	4,4	8	14
February	15	6	4,7	8	13
March	16	7	6,1	7	14
April	18	9	7	6	15
May	22	12	8,8	4	17
June	27	16	9,6	2	20
July	30	19	10,7	1	23
August	30	19	10,1	1	24
September	27	17	8,2	4	23
October	23	14	6,4	6	19
November	18	10	4,9	8	16
December	15	7	4,1	8	15

For further information on local forecast you can visit the web site: www.sar.sardegna.it

Clothing

The success of a bike trip relies very much on the equipment that you are using. You should make sure that you are taking the items included in the list below with you.

Cycling trip checklist:

Cycling shirts (3)

Padded cycling shorts (2 pairs) -- Shorts

Cycling shoes/Training shoes

Cycling helmet

Waterproof biking jacket

Fingerless biking gloves

Lightweight socks (3 pairs)

Casual dress for the evenings (no dress code required in the hotels)

T-shirts (2) -- Lightweight, long-sleeved shirt

Lightweight trekking pants

Underwear

Swimming costume

Toiletries

Sunglasses

Sun cream and after sun cream

Insect repellent

Food and wine

Historically, the twin pivots of traditional cuisine are land- and sea-based local produce. Mutton, beef, game, boar and horsemeat are the staples of the cooking in the interior, while the coasts rely on tuna, sea-bass, mullet and other type of fish. Add to these the basic ingredients of Italian cooking – pasta, tomato sauce, olives and fresh vegetables – and a wide choice of seasonal fruit and common pecorino, the strong tasting sheep's cheese.

A typical Sardinian meal may start with some fish starters (antipasti) like the tasty bottarga, dried mullet roe, continue with the primo piatto (the first course, generally a pasta-based dish) that can include one of the following: culurgiones, ravioli stuffed with potato, cheese, garlic and mint, malloreddus also known as gnocchetti, a pasta shaped in little shells, with various toppings, for example alla campidanese, a sausage sauce, fregola a couscous type pasta either in a meat stock or dry with mussels and clams or spaghetti alle arselle, spaghetti with clams. The secondo (the main course, normally a meat or fish dish) may be chosen from the a selection of porceddu, the symbol of Sardinian cuisine, a baby pig roasted whole on a spit with myrtle leaves, gran premio, horsemeat steak or orata alla vernaccia, gilthead cooked in a white wine and olives sauce.

Desserts may be sebadas (also known as seadas), a fried ricotta-filled pastry bubble with a honey topping or a selection of dolcetti: papassini, gueffus and tiliccas almond- and honey-based biscuits.

Don't forget to end the meal with a glass of chilled red mirto, the most popular of Sardinian liqueurs, made from leaves and berries of wild myrtle.



Traditionally famous for strong high-volume wines to be blended with other weaker wines from Northern Italy, Sardinia has sharply reduced vineyards and volume of production recently while notably improving the general quality of wines. Among these, we mention the red *Turriga* from Argiolas, *Terre Brune* from the Cantina sociale di Santadi and the tangy white *Vermentino* Capichera. Others to watch for are red *cannonau* and white *vernaccia* and the sparkling *Torbato*.

Shops and restaurants opening hours.

Shops opening hours: from Monday to Saturday from 08:30/09:00 to 12:30/13:00 and from 16:00 to 20:00. In some villages shops may be closed on Wednesday evening. Restaurants normally serve food from 12:00 to 13:30 and to 20:00 to 22:00.

ABOUT YOUR RENTED BIKES

Bike profile.

Dolcevita bikes are custom made in Italy to meet our requirements. Main features of our bikes are:

- Aluminum frame
- 27 gear Shimano Deore group
- Schwalbe Marathon Plus tyres, anti puncture.
- Rear carrier (max 20kg)
- Mudguard
- Gel saddle

All our self guided guests will receive the following accessories:

- Ortlieb back roller pannier classic, capacity 20lt, water proof, one for every bike.
- Abus handlebar bag, capacity 5lt, with map holder case on top, one every two bikes.
- Odometer, one every two bikes
- Complimentary Dolcevita water bottle (0.5 lt)
- Repair kit (one every two bikes) inclusive of spare inner tube, inner tube repair kit, tyre levers, pump, basic multi tool
- Combination lock.

In Italy it is not compulsory to wear a helmet when riding a bike (children below 14 have to wear it), however we strongly recommend to take one with you.

Please note that the helmet is not included in the bike rental. If you don't want to carry one with you, we can rent you one. This service has to be booked in advance and the rate the rental is 25eur per tour to be paid locally.

It will not be possible to rent a helmet with us without previous notice.

In case of a mechanical problem.

During the tour, should the bicycles have any type of technical problem that prevents you from continuing, please contact us at the emergency numbers. Describe the occurred issue and we'll try to solve as soon as possible the problem and, if necessary, we'll suggest you a mechanic where it will be possible to repair the failure. We ask you to go to a mechanic only after being authorized by Dolcevita. Should some service be necessary, pay for the service, keep the receipt and you will be refunded at the end of your tour. In case of a puncture no intervention or assistance will be provided. You will be given a proper puncture repair kit, which will enable you to intervene directly and solve the problem.

Last day: bike and other material return.

Please lock your bikes and leave them in the hotel courtyard or garage, following the instructions of the hotel staff. Please leave the panniers, the handlebar bag and the odometer on your bike. We kindly ask you to leave all the material given to you by our representative at your arrival inside the panniers.

If you bring your own bike

If you want to take the tour with your own bike, before you depart we suggest you to verify that all parts of the bike are functioning properly. A cycle computer is necessary to follow the road book. We also highly recommend you to bring a repair kit because the emergency number in case of breakdown cannot be used if you are using your own bike. Don't forget to bring a padlock and always lock your bike.

ARRIVAL: HOW TO GET TO TOUR START

Arrival by car: parking information

If you park your car at the start of the tour: in Arbus the hotels have private parking areas, where you can leave your car during the tour. No fees required.

If you park your car at the end of the tour: you can park your car by our office, in Villa San Pietro, located only about 4 kms from Pula, where you will spend the last night of tour. Parking is in a public road, no fees required.

Private transfer

From Cagliari airport (CAG) to Arbus private transfer is available on request. Quote is 60eur per person, minimum 2 people.

Public transportation

If you are landing in Cagliari airport, to reach Arbus you will need to:

- 1 Reach Cagliari centre (either with the train from the airport train station that takes about 7mins or with a private taxi).
- 2 From Cagliari catch a bus to Arbus village centre, arst line 211:

Cagliari	11:40	13:35	14:40	16:40	17:25	19:35
Arbus	13:33	15:36	16:26	18:37	19:21	21:27
Season.	Every day	Mon to Sat	Every day	Mon to Sat	Mon to Sat	Every day

Web Resource: www.arstspa.info/211.pdf

- 3 If you are staying at one of the Agriturismo in the Bidderdi area from Arbus you can catch a bus to Bidderdi, from the Arbus bus stop. There is one bus only available, departing Arbus at h14:25, arriving in Bidderdi at h15:10.
Line 205 - www.arstspa.info/205.pdf
- 4 If you are not in time to catch the bus to Bidderdi you will need to or arrange a taxi locally. A taxi could be difficult but not impossible to find once in Arbus. Previous guests found a taxi through the hotel Meridiana, located in the village centre (Via Repubblica 172).

DEPARTURE: HOW TO RETURN TO AIRPORTS

FROM PULA TO CAGLIARI AIRPORT (CAG)

Private transfer

From Pula to Cagliari airport (CAG) private transfer is available on request. Quote is 40eur per person, minimum 2 people.

Public transportation

From Pula to Cagliari you should take the ARST bus to Cagliari centre (several services per day, bus time: 55min)

Pula	05.30	06.20	07.00	08.30	08.55	09.15	09.35	10.10	10.35	11.25
Cagliari	06.20	07.10	07.32	09.20	09.45	10.07	10.25	11.00	11.25	12.15
	Mon-Sat	Mon-Sat	Every d.	Mon-Sat	Mon-Sat	Bank hol.	Mon-Sat	Mon-Sat	Every d.	Mon-Sat

Pula	12:55	13.25	15.10	17.05	19.10	19.25	21.30
Cagliari	13.45	14.15	16.00	17.55	20.00	20.17	22.20
	Mon-Sat	Mon-Sat	Every day	Mon-Sat	Every day	Mon-Sat	Every day

Source: www.arstspa.info/129.pdf

From Cagliari center to Cagliari airport. Take the train to the airport (one train approximately every hour, travelling time: 8-10min)

Source: www.trenitalia.com

FROM PULA TO ALGHERO AIRPORT (AHO)

Public transportation

From Pula to Cagliari, see the Pula to Cagliari airport section above.

Option 1 – Via Bus

Bus from Cagliari to Alghero airport depart at: check time table at web site:

<http://www.logudorotours.it/wp-content/uploads201605orari-fino-al-16-06-20161-pdf/>

Option 2 – Train + bus or private taxi

Train from Cagliari to Sassari:

Cagliari	06.24*	08.35*	10.40	12.22*	14.13	14.30	16.30	16.40*	18.30
Sassari	09.50	11.49	13.39	16.00	17.57	17.56	19.47	19.54	21.34
Notes	Every day	Mon-Sat	Mon-Sat	Every day	Sunday	Mon-Sat	Mon-Sat	Sunday	Mon-Sat

* Train change at Ozieri-Chilivani station

Source: www.trenitalia.com

From Sassari to Alghero airport, bus regional company ARST. Line n° 760 (every day)

Sassari	04:52	05:17	08:50	10:15	11:45	14:15	16:00	18:15	19:50
Alghero	05:22	05:47	09:20	10:45	12:15	14:45	16:30	18:45	20:20

Source: <http://www.arstspa.info/760.pdf>

FROM PULA TO OLBIA AIRPORT (OLB)

Public transportation

From Pula to Cagliari, see the Pula to Cagliari airport section above.

Trains from Cagliari to Olbia depart at:

Cagliari	06.24	06.30	08.35	12.22	14.13	14.30*	16.30	16.40	18.20	18.30
Olbia	10.12	09.59	12.02	16.20	18.20	18.22	19.56	20.13	22.18	22.25
Notes	Sunday	Mon-Sat	Mon-Sat	Everyday	Sunday	Mon-Sat	Mon-Sat	Sunday	Sunday	Mon-Sat

* Train change at Ozieri-Chilivani station

Source: www.trenitalia.com

Bus from Cagliari to Olbia airport depart at: h06:00 (arr. Olbia airport h10:40),

Web resource: www.gruppoturmotravel.com/Linea-Cagliari-STeresa.php

Bus from Cagliari to Olbia center depart at: h14:30 (arr. Olbia center h18:46),

Web resource: www.gruppoturmotravel.com/Linea-Cagliari-Olbia.php

From Olbia train station to Olbia airport, bus company ASPO line 10 (15mins drive to city centre).

<http://olbia.mycicero.it/tp/MYCICEROOLBIA/StampaOrari/Index#%232>

Departs Olbia train station: 06:25, 06:55, 07:25, 08:00, 08:36, 09:21, 10:02, 10:38, 11:20, 12:02, 12:37, 13:20, 13:55, 14:35, 15:20, 15:55, 16:31, 17:15, 17:57, 18:38, 19:24, 20:01, 20:33, 21:06, 21:41, 22:16, 22:51, 23:25.

Public transportation web sites:

ARST – regional bus company: www.arst.sardegna.it

Trenitalia – train company: www.trenitalia.com

ASPO – Olbia urban bus service: www.aspoolbia.it

Alghero – Alghero urban bus service: www.algheroairport.com

While the greatest care has been taken to retrieve the information in this document, we do not accept any liability concerning the timetables. Any of the scheduled services above may vary without notice, if you intend to use public transportation, please check personally that the above timetables are confirmed.

20/08/2019

