



A MINE OF MEMORIES

GUIDED

TOUR DOSSIER



DolceVita Bike Tours

Via Cimarosa, 18

09010 Villa San Pietro (CA)

tel & fax +39/070/9209885

info@dolcevitabiketours.com

www.dolcevitabiketours.com

*Last reviewed
Friday, 15 February 2019*

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Tour Dossier

LOCAL CONTACT

Dolcevita Bike Tours
Via Cimarosa 18
09010 Villa San Pietro (CA)
E-mail: info@dolcevitabiketorus.com
Office Hours: Monday to Friday h09:00 to h 18:00
Tel: +39 070 920 9885
Emergency line: + 39 348 032 0738

PROGRAMME

DAY 1: Arrival Day.

Transfer or independent arrival to Cabras.

DAY 2: The Sinis Peninsula (36 km)

Start your trip with an optional loop (33 km) of the fascinating Sinis wetlands where we will see colonies of pink flamingos, quartz beaches and reach one of the most beautiful spots on the island: the Phoenician ruins of Tharros. Alternatively, from Cabras go directly to the medieval historic centre of Oristano. From there on towards to Arborea, cycling along the lagoon of S'ena Arrubia and along country lanes.

DAY 3: Costa Verde and dunes of Piscinas (46-54 km)

Start from Arborea and cycle through the natural beauty spots of the Costa Verde to the Piscinas beach with its sands dunes over 50 m high – some of the highest in Europe.

DAY 4: The mines of Sulcis (41 km)

This leg takes you back into the ancient mining past of Sardinia, as we pass the fascinating abandoned mines of Planusartu and Acquaresi.

After the golden beach of Portixeddu and looming mass of Pan di Zucchero cliff, you admire the old ore washery at Nebida.

DAY 5: The island of Carloforte (43 km)

After a beautiful descent to Fontanamare, you will reach Portoscuso, and board on the ferry to Carloforte, where locals still fish the Red Tuna fish. From Carloforte, continue to the island of Sant'Antioco and end your day in Calasetta.

DAY 6: Town and island of Sant'Antioco (40 km)

Riding through vineyards and olive grows savour the quiet peace of the rolling plains of Sulcis. At Tratalias, visit the Pisan sanctuary, one of the most important monuments of the Sardinian Romanesque period.

DAY 7: The South Coast (57 km)

Final catwalk of your tour is the beautiful Costa del Sud with its gleaming white beaches, unspoilt natural landscape and imposing cliffs: Cape Malfatano with its 16th Century tower and Cape Spartivento. At Nora you will visit the ancient Phoenician settlement.

DAY 8: Departure day.

After breakfast, end of services.



THE TOUR AT A GLANCE

All islands have a peculiar fascination, and Sardinia is no exception. Lying a little less than 200km from the Italian mainland and at same distance from the Tunisian coast, it is in the words of D.H. Lawrence, "lost between Europe and Africa and belonging to nowhere". With its own language and distinct customs, the island boasts a fiercely independent character while remaining unmistakably and exuberantly Italian. There is nothing particularly homogeneous about the island, however. As the Mediterranean's second biggest island after Sicily with only 1.6 million people and one of the lowest population density among Italian regions, Sardinia encompasses a range of diverse faces, from the stereotyped yachting elite of the fabled Costa Smeralda to the simple shepherd's society of the mountainous interior. Neither image of course represents more than a tiny fraction of the true picture. There are glorious beaches and rocky groves on every coast, and also dramatic cliffs and numerous lagoons which accounts for a rich diversity of wildlife, as do the forested mountains and the wild *macchia* that carpets the interior.

Sardinia's southwest forms a rugged wedge of land that juts south of the main body of the island into the Mediterranean, its craggy coastline mitigated by some fine beaches. Forests cling to the slopes of its predominantly hilly landscape, which is densely strewn with towns, temples and fortifications founded by Phoenicians, settled by Carthaginians and occupied by Romans. Some of the best preserved ruins are at **Nora**, a Roman harbour town, dramatically situated on a promontory overlooking the Golfo di Cagliari. The Carthaginian remains at **Sant'Antioco** occupy an equally evocative location on an island joined to Sardinia's coast by a road causeway; the isle and its neighbour **San Pietro**, are among the tour's highlights.

Historically, the region's importance was due mainly to the mining of ores and minerals. Nowadays, mining is over, and the evidence of mineworks, often in a poignant state of abandon, can be seen around **Arbus** and **Nebida**, where the **Pan di Zucchero** outcrop sprouts dramatically out of the sea. The **costa del sud** offers a highly scenic sequence of inlets punctuated by Spanish watchtowers and **Chia** has an almost unbroken succession of beaches, probably the best in Southern Sardinia.

Your tour starts in the Sinis peninsula, a wet area whose lagoons have attracted some of Sardinia's most abundant bird life and are also the place to see the flat-bottomed *fassonis*, boats still used by the lagoon's fishermen and hunters, or just for local races. The peninsula's western coast provides some of the most alluring beaches: Mari Ermi and Is Arutas.

Hotel List

Hotel list is subject to availability. Your overnights may be booked in any of the hotels listed below

Cabras /San Salvatore Sinis

Hotel Villa Canu

Via Firenze, 7-9

09072 Cabras

Tel:0783/290155 0783/395013 Fax: 0783/395242

Web: www.hotelvillacanu.com

Email: villacanu@tiscali.it

This lovely small property is located in a restored house in the centre of the village of Cabras, in Sinis wetlands. The whole building has been decorated following the traditional local architecture and the result is really dramatic. Under the same management, the nearby restaurant "Il caminetto" is renowned among locals for its genuine cuisine.

Agriturismo da Pinuccia

Via Diaz, 42

09072 Cabras (OR)

T +39 0783 391015

E mail: babmonteprema@gmail.com

Web: www.agriturismopinuccia.it

Located in Cabras, the rooms at Agriturismo da Pinuccia come with a balcony and wood-beamed ceilings.

This brightly decorated property offers free Wi-Fi in all areas.

The air-conditioned rooms feature tiled floors and charming furniture. A flat-screen TV and refrigerator are provided in the room, and there is also a large private bathroom.

A sweet buffet breakfast is served each morning.

The beach of San Giovanni di Sinis Cabras is a 20-minute drive from the property. A bust stop, 300 m away, goes to Oristano and the seaside.



Arborea

Hotel le Torri

Via Sardegna, 23

Arborea

Tel. +39 0783 800031

Email: info@letorrihotelsardegna.it

Web: www.letorrihotelsardegna.it

Located in the heart of Arborea, the 4-stars Hotel Le Torri is a small oasis and a gem in the province of Oristano.

Here guests can indulge themselves in the outdoor pool or enjoy moments of pure well-being in the relaxing atmosphere of the Spa.

Surrounded by a lush garden, the Hotel offers all kind of amenities.

Le Torri Hotel boasts a perfect location, very close to the town but still in a quiet area, ideal to relax.

Arbus

Agriturismo Rocce Bianche

Address: loc. Bidderdi

09031 Arbus (VS),

Tel&Fax: 070 9756127

Web: www.bidderdi.it

E Mail: roccebianche.agriturismo@gmail.com

Hotelier: Stefano Cavalli

Stefano and his family are ready to welcome you in this nice farm house located on a plateau just above the sand dunes of Piscinas. The property has an outdoor swimming pool suitable for adults and children alike, WIFI connection.

Agriturismo Sa Perda Marcada

Address: Loc.Sa perda Marcada

09031 Arbus (VS),

Tel&Fax: 070 975 8714

E Mail: elenacorona@hotmail.it

Web: www.saperdamarcada.it

Hotelier: Gianfranco Corona

Gianfranco and his family are ready to welcome you in this very nice farm house located on a plateau just above the sand dunes of Piscinas. You will remember the delicious cuisine of mamma Corona for a long time.

Nebida/Gonnesa

Locanda S'Anninnia

Via Iglesias 107

Gonnesa

Tel.+39 0781 45132

E-mail: info@sanninnia.it

Web: www.sanninnia.it

The Locanda S'anninnia is located in the village of Gonnesa, just 3 km from the sea, surrounded by countless testimonies of mining life and many archaeological remains that also characterise the whole area of sulcis iglesiente.

The rooms are fully furnished by local artisans. Each guestroom is equipped with bathroom, shower, hairdryer, terrace, air conditioning and colour tv. A mini-fridge is available on request.

Locanda L'Agusteri

Villaggio Tanca Piras

Via S'Argiola 37

09016 Nebida - Iglesias

Tel: 0781/252136 cell 348/5509580

E mail: gabriella.pani@alice.it

Web: www.villaggiotancapiras.it

Hotelier: Gabriella Pani



The L'Agusteri is a recently built hotel that boasts beautiful sea views. It is located a few steps from a cosy beach on the beautiful coast dominated by the colossal outcrop known as Pan di Zuccherò, a 130m high imposing rock just few hundred meters off the coast that owes its name, "Sugarloaf", to its unique shape. The hotel staff is very friendly. The hotel has a swimming pool and excellently furnished rooms.

Calasetta

Hotel Luci del Faro
Loc. Mangiabarche
09011 Calasetta
Tel: 0781 810 089 Fax 0781 810 091
E Mail: info@hotelucidelfaro.com
Web: www.hotelucidelfaro.com
Hotelier: Franco e Paola Cancedda

Luci del faro is a charming seaside property located on the northern tip of the isle of Sant'Antioco. One of our favourites, the hotel has an award-winning restaurant and very lovely rooms. Its U-shape layout resembles that of a Spanish hacienda with arcades surrounding the central courtyard that has a garden and a swimming pool. The hotel is located in a peaceful countryside area, 4km out of Calasetta.

MuMA Hostel
Lungomare Colombo,25
San'Antioco (CI)
Tel: +39 0781-840070
E Mail: info@mumahostel.it
Web: www.mumahostel.it

Located along the seafront, this property is one of the top spots in Sant'Antioco. It features 32 comfortable rooms (half of them are family size) with en-suite bathroom. It also hosts a small but interesting sea Museum. A short walk from the MUMA will take you to a fishing cooperative restaurant serving fish caught just a few hours before. Their fishing boats are harboured literally across the road.

Sant'Anna Arresi/Porto Pino

Hotel Cala dei Pini
Loc. Portopino
09010 Sant'Anna Arresi
Tel: 0781 967014
E Mail: info@caladeipini.eu
Web: www.caladeipini.eu

With an outdoor pool and sun loungers, Hotel Cala dei Pini is set in a palm-lined garden. Located 1 km from Porto Pino beach, the property offers traditionally furnished accommodation with a balcony. A nice Italian-style breakfast is served daily. The property offers free WiFi in public areas and free parking.

Guesthouse Il Girasole
Via Italia 122,
Sant'Anna Arresi
Tel. +39 320 301 0422
E-mail: ilgirasolebedandbreakfast@yahoo.com
Web: bedandbreakfastilgirasole.jimdo.com/

Martina and her mother will make you feel really welcomed in Il Girasole. The guesthouse hosts six clean and nicely decorated rooms. After you try Il Girasole's breakfast you will be ready to fly with your bike!

Pula

Hotel Villa Madau
Address: Via Nora, 84 09010 Pula
Tel and fax: 070 924 9033
E mail: villamadau@yahoo.it
Web: www.villamadau.it
Hotelier: Signor Peter

Your base in Pula is the newly built Villa Madau, an elegant property located in the centre of Pula. It has 10 finely furnished rooms and a nice lounge. A wide choice of restaurants is available in walking distance. Free Wi-Fi connection available in the lobby.



Marin Hotel
Viale Segni 58, 09010 Pula (CA)
Tel. 0709208059
Fax. 0709208286
E-Mail: info@marinhotel.it
Web site: www.marinhotel.it

This family run hotel, recently opened in 2008, it is located just few minutes walking from the main square of the town of Pula. The property has 13 rooms all equipped with air conditioning, private bathroom, minibar, satellite LCD TV, telephone and safe.

ABOUT YOUR TOUR

Meeting the guide

At your arrival at the first hotel of your tour you will receive the meeting time and details through the hotel reception. During the first briefing you will be meeting the guide and the rest of the group.

Welcome Briefing and bike fitting

On your arrival, when checking in the first accommodation you will be notified the time of the meeting with your Guide. He will give a tour presentation and fit you with the bikes.

In case of a late arrival, we may not be able to meet you on the first day. In that case, you will find the guide and the rest of the group on the morning of the following day.

During the tour

On days 3 and 4 of the tour there will also be the van support. These two days are the most challenging of the tour, the presence of the van support will ease the legs in case you wish to jump in to skip the longer climbs.

During day 5 cycling from Gonnessa to Calasetta, the group will be catching two different ferries. The first one sailing from Portoscuso to Carloforte, the second one from Carloforte to Calasetta. Remember to buy tickets before you board the ferries, approximately 14€ per person with the bike, total. The ferry timetable will be communicated by the tour leader.

All 7 dinners on this guided tour are included. The tour leader will take care of choosing a varied menu, so that you will get the opportunity to try different Sardinian specialties.

Luggage transportation.

Please remember to attach a luggage label to every piece of luggage you wish to be transported (maximum two pieces per passenger).

On a move on day, your luggage has to be taken ready for transportation in the hotel reception at **h09:00**. While this is not your check out time, we kindly ask you to meet this deadline to allow a smooth logistics and to follow the leader's instructions.

Your luggage will be delivered in the next hotel by h16. Should you need any clothing item before this time (swimsuit or a change of clothes), we suggest you carry it with you.

Dolcevita will not be responsible for any damage that may occur to fragile objects carried in your luggage, including electronic devices and glass bottles. Moreover, Dolcevita will not be liable for damage occurred to luggage exceeding a weight of 20kg.

Climate

Sardinia enjoys a mild Mediterranean weather that allows comfortable cycling all year round except for the hot months of July and August. There are two prevailing winds: Mistral, blowing from the north west, giving a pleasant cooling breeze, and Scirocco, a hot wind from Africa. If it is hot in high summer, the long day length gives little time for the nights to have a marked cooling effect, and cool spells are unlikely from June - September. Rainfall is low year round, and very unlikely in summer, with an average of 2 days with rain in June, and 4 in September, though autumn storms can be torrential. The following table gives average temperatures and days of rainfalls per month.

Month	Day (°C)	Night (°C)	Sunshine hr/day	Rainfall days	Water temp (°C)
January	14	6	4,4	8	14
February	15	6	4,7	8	13
March	16	7	6,1	7	14



April	18	9	7	6	15
May	22	12	8,8	4	17
June	27	16	9,6	2	20
July	30	19	10,7	1	23
August	30	19	10,1	1	24
September	27	17	8,2	4	23
October	23	14	6,4	6	19
November	18	10	4,9	8	16
December	15	7	4,1	8	15

For further information on local forecast you can visit the web site: www.sar.sardegna.it

Clothing

The success of a bike trip relies very much on the equipment that you are using. You should make sure that you are taking the items included in the list below with you.

Cycling trip checklist:

Cycling shirts (3)

Padded cycling shorts (2 pairs) -- Shorts

Cycling shoes/Training shoes

Cycling helmet

Waterproof biking jacket

Fingerless biking gloves

Lightweight socks (3 pairs)

Casual dress for the evenings (no dress code required in the hotels)

T-shirts (2) -- Lightweight, long-sleeved shirt

Lightweight trekking pants

Underwear

Swimming costume

Toiletries

Sunglasses

Sun cream and after sun cream

Insect repellent

Food and wine

Historically, the twin pivots of traditional cuisine are land- and sea-based local produce. Mutton, beef, game, boar and horsemeat are the staples of the cooking in the interior, while the coasts rely on tuna, sea-bass, mullet and other type of fish. Add to these the basic ingredients of Italian cooking – pasta, tomato sauce, olives and fresh vegetables – and a wide choice of seasonal fruit and common pecorino, the strong tasting sheep's cheese.

A typical Sardinian meal may start with some fish starters (antipasti) like the tasty bottarga, dried mullet roe, continue with the primo piatto (the first course, generally a pasta-based dish) that can include one of the following: culurgiones, ravioli stuffed with potato, cheese, garlic and mint, malloreddus also known as gnocchetti, a pasta shaped in little shells, with various toppings, for example alla campidanese, a sausage sauce, fregola a couscous type pasta either in a meat stock or dry with mussels and clams or spaghetti alle arselle, spaghetti with clams. The secondo (the main course, normally a meat or fish dish) may be chosen from the a selection of porceddu, the symbol of Sardinian cuisine, a baby pig roasted whole on a spit with myrtle leaves, gran premio, horsemeat steak or orata alla vernaccia, gilthead cooked in a white wine and olives sauce.

Desserts may be sebadas (also known as seadas), a fried ricotta-filled pastry bubble with a honey topping or a selection of dolcetti: papassini, gueffus and tiliccas almond- and honey-based biscuits.

Don't forget to end the meal with a glass of chilled red mirto, the most popular of Sardinian liqueurs, made from leaves and berries of wild myrtle.

Traditionally famous for strong high-volume wines to be blended with other weaker wines from Northern Italy, Sardinia has sharply reduced vineyards and volume of production recently while notably improving the general quality of wines. Among these, we mention the red *Turriga* from Argiolas, *Terre Brune* from the Cantina sociale di Santadi and the tangy white *Vermentino* Capichera. Others to watch for are red *cannonau* and white *vernaccia* and the sparkling *Torbato*.



Shops and restaurants opening hours.

Shops opening hours: from Monday to Saturday from 08:30/09:00 to 12:30/13:00 and from 16:00 to 20:00. In some villages shops may be closed on Wednesday evening. Restaurants normally serve food from 12:00 to 13:30 and to 20:00 to 22:00.

ABOUT YOUR RENTED BIKES

Bike profile.

Dolcevita bikes are custom made in Italy to meet our requirements. Main features of our bikes are:

- Aluminum frame
- 27 (3x9) gear Shimano Deore group
- Schwalbe Marathon Plus tyres, anti puncture.
- Rear carrier (max 20kg)
- Mudguard
- Gel saddle

You will receive the following accessories:

- Ortlieb back roller pannier classic, capacity 20lt, water proof, one for every bike.
- Odometer
- Complimentary Dolcevita water bottle (0.5 lt)
- Combination lock.

In Italy it is not compulsory to wear a helmet when riding a bike (children below 14 have to wear it), however we strongly recommend to take one with you.

Please note that the helmet is not included in the bike rental. If you don't want to carry one with you, we can rent you one. This service has to be booked in advance and the rental rate is 15eur per tour to be paid locally.

It will not be possible to rent a helmet with us without previous notice.

Last day: bike and other material return.

Please lock your bikes and leave them in the hotel courtyard or garage, following the instructions of the tour leader. Please leave the panniers and the odometer on your bike. We kindly ask you to leave all the material given to you at your arrival inside the panniers.

If you bring your own bike

If you want to take the tour with your own bike, before you depart we suggest you to verify that all parts of the bike are functioning properly. We also highly recommend you bring a repair kit because the leader may not have the right equipment for your bike. Don't forget to bring a padlock and always lock your bike.

ARRIVAL: HOW TO GET TO TOUR START

Arrival by car: parking information

If you park your car at the start of the tour: in Cabras the hotels don't have private parking areas. It is easy to park the car on the street, in public parking spaces. No fees required.

If you park your car at the end of the tour: you can park your car by our office, in Villa San Pietro, located only about 4 kms from Pula, where you will spend the last night of tour. Parking is in a public road, no fees required.

FROM CAGLIARI AIRPORT TO CABRAS

Private transfer

From Cagliari airport (CAG) to Cabras/San Salvatore private transfer is available on request. Quote is 65eur per person, minimum 2 people.

Public transportation

Directly from the airport, take a train to Oristano with several services a day, starting from h07:08am approximately one service per hour. Last service departs at h08:43pm. It takes from 60 to 100mins depending on the service.

Please check www.trenitalia.com for the updated timetable.

If you are landing late, there is a direct bus to/from the airport to Oristano, run by Fara Viaggi departing at 23:30.



If you are spending the first night of tour in San Cabras: from Oristano bus station to Cabras with bus regional company ARST. Line n°427

Oristano	06:55	07:15	07:20	08:00	08:20	09:15	10:00	10:30	11:50	12:45	13:00	13:40	14:00	15:00	17:00	17:45	19:10	20:00
Cabras	07:10	07:30	07:35	08:15	08:35	09:30	10:15	10:45	12:50	13:00	13:15	13:55	14:15	15:15	17:15	18:00	19:15	20:10
Season.	Mon to Sat	School period	Mon to Sat	Mon to Sat	Bank hol.	Mon to Sat	Mon to Sat	Every day	Mon to Sat	Mon to Sat	Bank hol.	Mon to Sat	Mon to Sat	Every day	Mon to Sat	Mon to Sat	Every day	Mon to Sat

Web source: <http://www.arstspa.info/427.pdf>

If you are spending the first night of tour in San Salvatore: from Oristano to San Salvatore Sinis no public transportation is available. A taxi ride should cost 25eur approx.

FROM ALGHERO AIRPORT TO SAN SALVATORE/CABRAS

Private transfer

From Alghero airport (AHO) to San Salvatore private transfer is available on request. Quote is 90eur per person, minimum 2 people.

Public transportation

Alghero is located in North West Sardinia. There is a convenient bus link (1 daily service, 2 services on Friday) to Oristano and Cagliari in Southern Sardinia in connection with Ryanair flights. For the updated timetable check the bus company website at <http://www.logudorotours.it/wp-content/uploads/2016/05/orari-fino-al-16-06-20161-pdf/>

Tickets: can be bought on board.

Or the Alghero airport website at: http://www.aeroportodialghero.it/autobus_en.asp. The bus will take you to Oristano.

From Oristano see section above.

FROM OLBIA AIRPORT TO SAN SALVATORE/CABRAS

Private transfer

From Olbia airport (OLB) to Cabras/San Salvatore private transfer is available on request. Quote is 130eur per person, minimum 2 people.

Public transportation

To reach Cabras/San Salvatore from Olbia airport (OLB) you need to:

- 1) catch a bus from Olbia airport to Olbia city centre.
- 2) Catch a train from Olbia to Oristano.
- 3) catch a taxi from Oristano to San Salvatore.

From Olbia Airport to Olbia train station, Corso Vittorio Veneto, bus company ASPO line 10 (15mins drive to city centre).

<http://olbia.mycicero.it/tp/MYCICEROOLBIA/StampaOrari/Index#>

Departs airport: 06:15, 06:45, 07:15, 07:50, 08:25, 09:10, 09:50, 10:25, 11:10, 11:50, 12:25, 13:10, 13:45, 14:25, 15:10, 15:45, 16:20, 17:05, 17:45, 18:25, 19:10, 19:45, 20:20, 20:55, 21:30, 22:05, 22:40, 23:15, 23:40.

Bus from Olbia airport to Oristano depart at: h15:25 (arr. Oristano, ARST terminal h18:45),

Web resource: www.gruppoturmotravel.com/Linea-Cagliari-STeresa.php

From Olbia city centre to Oristano, trenitalia train

Departs Olbia	05:40*	06:35*	08:00	08:06	09:49	10:02*	14:13*	16:11	18:00*	18.41*
Arrives Oristano	08:28	09:24	10:45	10:30	12:36	12:32	16:52	18:46	20:31	21.36
Notes	Mon-Sat	Sunday	Sunday	Mon-Sat	Sunday	Everyday	Everyday	Mon-Sat	Mon-Sat	Sunday
* Train change at Ozieri-Chilivani station										

Source: www.trenitalia.com

From Oristano see section above.

DEPARTURE: HOW TO RETURN TO AIRPORTS

FROM PULA TO CAGLIARI AIRPORT (CAG)

Private transfer



From Pula to Cagliari airport (CAG) private transfer is available on request. Quote is 40eur per person, minimum 2 people.

Public transportation

From Pula to Cagliari you should take the ARST bus to Cagliari centre (several services per day, bus time: 55min)

Pula	05.30	06.20	07.00	08.30	08.55	09.15	09.35	10.10	10.35	11.25
Cagliari	06.20	07.10	07.32	09.20	09.45	10.07	10.25	11.00	11.25	12.15
	Mon-Sat	Mon-Sat	Every d.	Mon-Sat	Mon-Sat	Bank hol.	Mon-Sat	Mon-Sat	Every d.	Mon-Sat

Pula	12:55	13.25	15.10	17.05	19.10	19.25	21.30
Cagliari	13.45	14.15	16.00	17.55	20.00	20.17	22.20
	Mon-Sat	Mon-Sat	Every day	Mon-Sat	Every day	Mon-Sat	Every day

Source: www.arstspa.info/129.pdf

From Cagliari center to Cagliari airport. Take the train to the airport (one train approximately every hour, travelling time: 8-10min)

Source: www.trenitalia.com

FROM PULA TO ALGHERO AIRPORT (AHO)

Public transportation

From Pula to Cagliari, see the Pula to Cagliari airport section above.

Option 1 – Via Bus

Bus from Cagliari to Alghero airport depart at: check time table at web site:

<http://www.logudorotours.it/wp-content/uploads/201605orari-fino-al-16-06-20161-pdf/>

Option 2 – Train + bus or private taxi

Train from Cagliari to Sassari:

Cagliari	06.24*	08.35*	10.40	12.22*	14.13	14.30	16.30	16.40*	18.30
Sassari	09.50	11.49	13.39	16.00	17.57	17.56	19.47	19.54	21.34
Notes	Every day	Mon-Sat	Mon-Sat	Every day	Sunday	Mon-Sat	Mon-Sat	Sunday	Mon-Sat

* Train change at Ozieri-Chilivani station

Source: www.trenitalia.com

From Sassari to Alghero airport, bus regional company ARST. Line n° 760 (every day)

Sassari	04:52	05:17	08:50	10:15	11:45	14:15	16:00	18:15	19:50
Alghero	05:22	05:47	09:20	10:45	12:15	14:45	16:30	18:45	20:20

Source: <http://www.arstspa.info/760.pdf>

FROM PULA TO OLBIA AIRPORT (OLB)

Public transportation

From Pula to Cagliari, see the Pula to Cagliari airport section above.

Trains from Cagliari to Olbia depart at:

Cagliari	06.24	06.30	08.35	12.22	14.13	14.30*	16.30	16.40	18.20	18.30
Olbia	10.12	09.59	12.02	16.20	18.20	18.22	19.56	20.13	22.18	22.25
Notes	Sunday	Mon-Sat	Mon-Sat	Everyday	Sunday	Mon-Sat	Mon-Sat	Sunday	Sunday	Mon-Sat

* Train change at Ozieri-Chilivani station

Source: www.trenitalia.com

Bus from Cagliari to Olbia airport depart at: h06:00 (arr. Olbia airport h10:40),

Web resource: www.gruppoturmotravel.com/Linea-Cagliari-STeresa.php

Bus from Cagliari to Olbia center depart at: h14:30 (arr. Olbia center h18:46),

Web resource: www.gruppoturmotravel.com/Linea-Cagliari-Olbia.php



From Olbia train station to Olbia airport, bus company ASPO line 10 (15mins drive to city centre).

<http://olbia.mycicero.it/tp/MYCICEROOLBIA/StampaOrari/Index#%232>

Departs Olbia train station: 06:25, 06:55, 07:25, 08:00, 08:36, 09:21, 10:02, 10:38, 11:20, 12:02, 12:37, 13:20, 13:55, 14:35, 15:20, 15:55, 16:31, 17:15, 17:57, 18:38, 19:24, 20:01, 20:33, 21:06, 21:41, 22:16, 22:51, 23:25.

Public transportation web sites:

ARST – regional bus company: www.arst.sardegna.it

Trenitalia – train company: www.trenitalia.com

ASPO – Olbia urban bus service: www.aspoolbia.it

Alghero – Alghero urban bus service: www.algheroairport.com

While the greatest care has been taken to retrieve the information in this document, we do not accept any liability concerning the timetables. Any of the scheduled services above may vary without notice, if you intend to use public transportation, please check personally that the above timetables are confirmed.

15/02/2019

